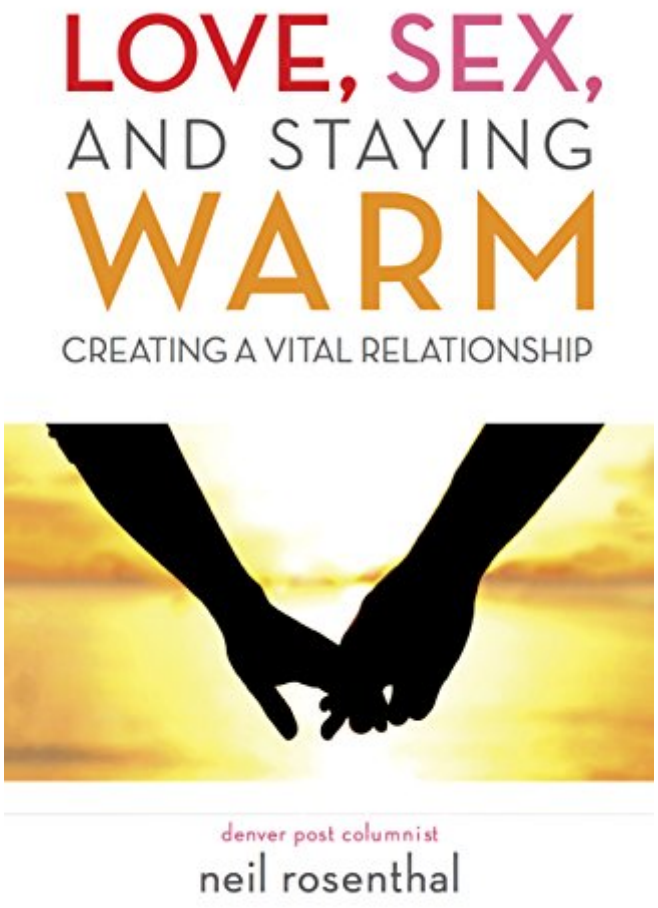
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Love, Sex And Staying Warm: Creating A Vital Relationship



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Synopsis

Nationwide #1 Best Seller and International #1 Best Seller Reignite the connection, strengthen your relationship, rekindle romance and keep the flame alive Love, Sex, and Staying Warm: Creating a Vital RelationshipFrom relationship expert, marriage therapist and newspaper relationship advice columnist Neil Rosenthal.WouldnÃ¢â ¬â„¢t it be great if relationships came with an instruction manual?Love, Sex and Staying Warm: Creating A Vital Relationship, is an instruction manual on how to keep your relationship close, connected and intimate. Cracks and crevices can start to appear in even very close relationships.And if youÃ¢â ¬â„¢re unable to spot them, a relationship that was once rock solid will slowly begin to grow less connected and intimate. ItÃ¢â ¬â„¢s knowing how to spot the cracks, or how to stop them, thatÃ¢â ¬â„¢s the secret behind maintaining a successful intimate relationship over time.In Love, Sex, and Staying Warm, internationally renowned relationship expert Neil Rosenthal, whoÃ¢â ¬â„¢s relationship advice column has appeared in a host of newspapers around the world and has been read by millions of people, shares practical and actionable strategies to rekindle the flame, strengthen your relationship and bring you and your partner back to a warmer and more passionate partnership. If youÃ¢â ¬â„¢ve felt that your relationship has weakened over time, or that the trust, connection and passion has began to fade, this book is a must read for you (and your partner). Beginning with a quiz asking you if you are sabotaging your relationship, to an explanation of romantic intelligence, to a discussion about walling yourself off and having a guarded heart, to an exercise in deepening your relationship, Love, Sex and Staying Warm is designed to assist you in repairing relationship problems and strengthening the bond between you. Each chapter is packed to the brim with the suggestions, exercises or techniques author Neil Rosenthal has developed over his 37+ years in private practice as a licensed marriage and family therapist, and that he has shared on major media outlets such as ABC, NBC and Fox TV. Subjects include how to handle criticism, how to overcome defensiveness, and a quiz evaluating your relationship. In addition, youÃ¢â ¬â„¢ll find insightful and expert advice for: How to communicate effectively, especially when you are hurt or angry What to do if you’ve grown apart How to win back trust How to make your sex life vital again How to be more romantic How to stay connected (and avoid disconnection) Whether you are in a new relationship or have been married for a long time, this book will give you the tools and strategies you need to strengthen your relationship, re-establish intimacy, reignite your love, and keep the flame alive. Love, Sex, and Staying Warm: Creating a Vital Relationship by Neil Rosenthal Buy the book now. Neil Rosenthal is a licensed marriage and family therapist in the Denver area, specializing in what goes wrong in intimate relationships and how people can repair their relationship. With over 37 years experience

in fixing troubled relationships, he has developed proven relationship repair strategies that he clearly explains in the book, using easy to understand exercises, quizzes, suggestions and even parables. This book is the one guide your relationship cannot do without. For more information, free resources and practical relationship tips, please visit: http://Neilrosenthal.com

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Customer Reviews

This book really goes in depth with human relations, love and relationships. I liked the quizzes that you can solve as you read, they can give you a perspective you didn’t even know you have.I would say that the advice is mainly aimed towards people in longer relationships. Good part of the book explains how to remain intimate, how to listen and appreciate your partner after some time. Of course, that is useful to anybody, but I think that long-term couples would have many benefits from this book.Strategies that are presented seem like common sense stuff, but it is really well-written and organized. I have started to implement some of the advice into my own behavior and I’m hoping for the best. It is too early to tell if there are any significant changes, but I have faith.I highly

recommend this book, it is a true gem.

This book is about intimate relationships and how to make them work. I was most impressed by the variety of exercises to do in order to make your relationship stronger. I'm about 75% done with the book and despite the suggestion at the beginning (the book wasn't meant to be read cover to cover), I have read from the very beginning. I can see doing that after I've read the book completely and have a particular issue.Overall, I really liked it!

This is a great book. It challenges couples to ask and answer the tough questions. It requires for both partners to be equally committed and open to change and having the message of this book inform there relationship.I liked the quizzes the most because it revealed a lot about myself that I was once desensitized to. This book helped me and my hubby rekindle our love and intimacy. We connect much better and work together.Highly recommend!

Best practical book on realationships!

I think we can all look back on failed relationships and wonder what went wrong. Not only does this book lend some deeply relevant insights into some of my previous relationships but it also presented me with a lot of actionable steps that I can take when evaluating and improving upon my 33 year marriage.The book covers tons of reasons why relationships go awry and also practical ways to open the lines of communication between people who are having difficulties. The author covers so many sources of conflict and ways to overcome them while preserving and strengthening the relationship that I can't imagine anyone who would not find something they can relate to.I like the way he introduces a subject by using letters he has received from real people and then responding to the specific issue/s. I also loved the quotes included at the end of each section. Some were very insightful and some just hilarious.This book will be a great resource to refer back to when issues pop up. And the exercises will be invaluable for anyone wanting to maintain or repair their relationship.

Straight forward advice for those who aspire to more intimacy be it emotional, spiritual, intellectual or physical. Very much worth the read - Mr Rosenthal is absolutely one of my favorite writers!

This is exactly what I needed to read. I'm in a new relationship and I'm all about self improvement.

This book totally changed the way I view relationships and will help me strengthen mine. I would highly recommend this book to singles and couples at any stage in their relationship.

Excellent clear advice on intimate relationship power-struggles, creating intimacy and being a mindful partner by following Neil's sage advice. I highly recommend this book. It will change your relationship!http://www..com/dp/B017WSFHEQ/ref=rdr_kindle_ext_tmb

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